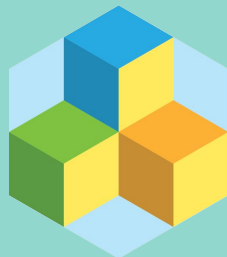


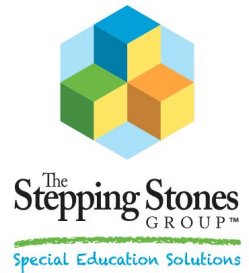


Guide for Parents and Guardians



The **Stepping Stones**
GROUP™
Special Education Solutions

What is teletherapy?



Teletherapy is the online delivery of speech, occupational, and mental health therapy services via high-resolution, live video conferencing. Teletherapy sessions are very similar to traditional speech, occupational therapy, or mental health sessions with one major exception. Instead of sitting in the same room, students and therapists interact via live video conferencing.

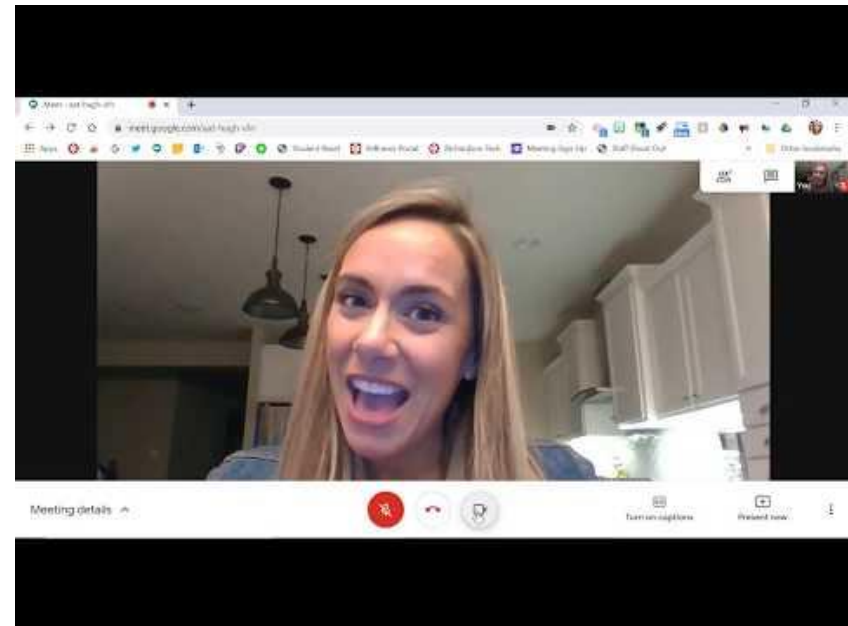
- IEP procedures and the student's therapy goals will not change, just the mode in which therapy is delivered.
- Telepractice can include:
 - Typical therapy sessions via computer
 - Programs/activities put on screen
 - Virtually guided worksheet or activity
- After the session is complete, the therapist will complete the student's session notes and required documentation directly into the school district's online IEP system as usual.

Video Conferencing Tool - *Google Meet*



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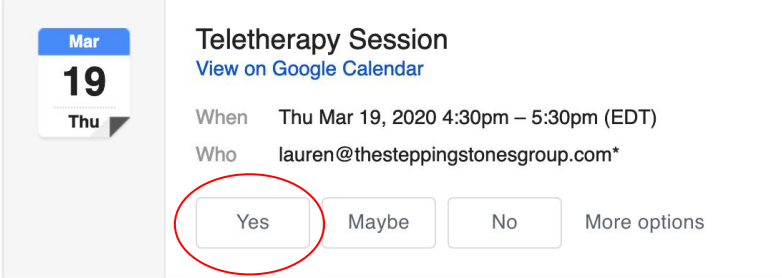
- **Google Meet can be utilized to complete teletherapy sessions. Check with your child's therapist to see if they are using this platform.**
- Use a computer with a webcam, smartphone, ipad or tablet (as long as it has a video component)
- Use a supported operating system: Apple macOS, Microsoft Windows, Chrome
- Use a supported browser: Chrome, Mozilla, Microsoft Edge, Apple Safari
- Use a Broadband connection to the internet
- Install [Meet](#) mobile app if using a cell phone



<https://www.youtube.com/watch?v=un93ksA8prE>

Scheduling Therapy

- The therapist will reach out directly (via email and/or phone) to the designated parent or guardian listed in the student's IEP to schedule sessions.
- You will receive an email with an invitation link to the *Google Meet* session. If you do not have an email account, please set up a FREE account on Gmail [here](#).
- Reply “Yes” to the invitation and the session link will be saved to your calendar for future reference.



Mar 19 Thu

Teletherapy Session

[View on Google Calendar](#)

When Thu Mar 19, 2020 4:30pm – 5:30pm (EDT)

Who lauren@thestepstonesgroup.com*

More options

You have been invited to the following event.

Teletherapy Session

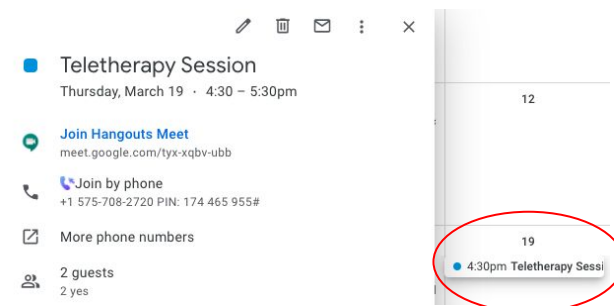
When Thu Mar 19, 2020 4:30pm – 5:30pm Eastern Time - New York

Joining info **Join Hangouts Meet**

meet.google.com/tyx-xqbv-ubb

Join by phone

+1 575-708-2720 (PIN: 174465955)



Teletherapy Session
Thursday, March 19 · 4:30 – 5:30pm

Join Hangouts Meet
meet.google.com/tyx-xqbv-ubb

Join by phone
+1 575-708-2720 PIN: 174 465 955#

More phone numbers

2 guests
2 yes

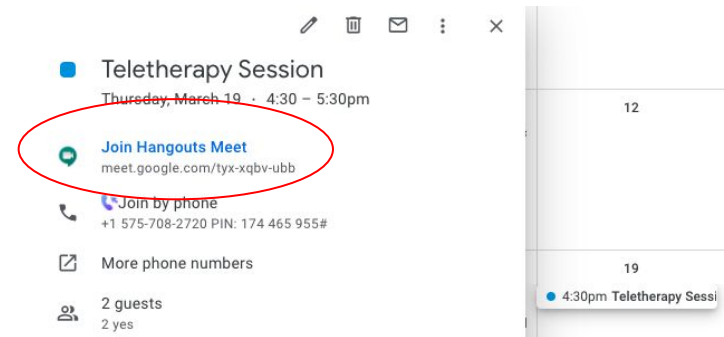
12

19

4:30pm Teletherapy Sessi

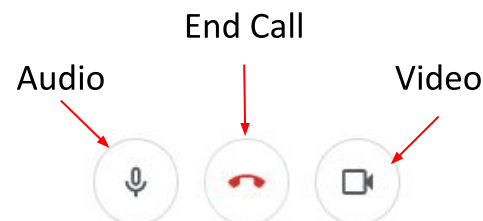
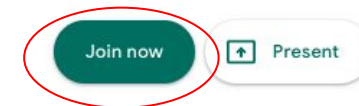
Joining *Google Meet* to Start Therapy Session

- At the scheduled time of the student's session, click on the assigned meeting link via your calendar or in the body of the original email received
- Click "Join Now" and Click on both the Audio and Video buttons to enable these features
- The student is now ready for their session to begin!
- Once the session is complete, click the phone icon to end call and close your browser



Teletherapy Session

No one else is here



Teletherapy Session ^

Turn on captions

Present now

Parent/Guardian Guidelines

- It is ideal if you are able to remain in the room with your child during sessions to assist if needed.
- Have any additional supplies (if requested by therapist) ready and available. Supplies may include pens, pencils, crayons, scissors, glue, small mirror, specific links provided to worksheets or reading selections.
- Student should be located in a well-lit room with clear visibility, no distractions, and where internet connection is strong
- Limit background noise including fans, barking dogs, phones, etc.

